1. Term details.			1		
Health Service:	Northern Health	Term duration:	Maximum: 13 weeks		
Location /Sitos	Northern Hospital Epping	Clinical experience -	C: Acute and critical illness patient		
ocation/Site: Parent Health Service: Speciality/Dept.: PGY Level:	Northern Hospital Epping	Primary:	care		
Parent Health	Northern Health	Clinical experience -	D. Chronic illness nations care		
Service:	Northern Health	Secondary:	B: Chronic illness patient care		
Health Service: Location/Site: Parent Health Service: Speciality/Dept.: PGY Level:	General Medicine Unit 1	Non-clinical	(PGV2 only)		
	General Medicine Official	experience:	(FG12 Only)		
PGY Level:	PGY1	Prerequisite learning:	(PGY2 only) (if relevant)		
Term Descriptor:	General medical term for ward-based manag Attendance at medical grand rounds and uni disciplinary team meetings. Attendance at fa	t meetings. Work as part of a mult	i-disciplinary team and attend multi-		

2. Learning o	hiectives:							
Z. Zearning C	Domain 1	Be able to take relevant history and be competent in targeted examination for common general medical conditions including: COPD/ pneumonia/ Acute Coronary Syndrome/ delirium/ GI bleeding/ Sepsis/ heart failure						
EPA1: Clinical Assessment	Domain 2	Build knowledge and confidence in directing initial investigations and management for simple medical problems. Balance taking on responsibility for patient care with recognition of when to escalate to involve other professionals						
	Domain 3	Identifies and considers culturally safe and appropriate means of obtaining patient histories and/or performing physical examination. Understands the importance of use of interpreters for communication						
	Domain 4	Makes use of local service protocols and guidelines to inform clinical decision-making.						
	Domain 1	Identifies deteriorating or acutely unwell patients						
EPA2: Recognition	Domain 2	Recognises their own limitations and seeks help when required in an appropriate way.						
and care of the acutely unwell patient	Domain 3	Accesses interpretive or culturally-focused services and considers relevant cultural or religious beliefs and practices.						
,	Domain 4	Observes local service protocols and guidelines on acutely unwell patients						
	Domain 1	Initiates, modifies or ceases therapies (drugs, fluids, blood products, oxygen) safely, adheres to all relevant protocols and monitors patient reactions, reporting when relevant.						
	Domain 2	Recognises their own limitations and seeks help when required in an appropriate way.						
EPA3: Prescribing	Domain 3	Understands that social cultural background health literacy and patient preference may all impact on a patient's acceptance and adherence in taking medications and this should be considered when making prescription choices						
	Domain 4	Makes use of local service protocols and guidelines to ensure decision-making is evidence-based and applies guidelines to individual patients appropriately						
EPA4: Team communication	Domain 1	Creates verbal or written summaries of information that are timely, accurate, appropriate, relevant and understandable for patients, carers and/or other health professionals.						

– documentation, handover and referrals	Domain 2	Maintains respect for patients, families, carers, and other health professionals, including respecting privacy and confidentiality.
referrals	Domain 3	Includes relevant information regarding patients' cultural or ethnic background in the handover and whether an interpreter is required.
	Domain 4	Practices presenting patients on ward rounds and at internal team handovers to develop skills in safe and effective handover. Participates in unit meetings to practice presenting patients from the unit with discussion of best practice management and treatment.

Domain 4 the u	unit with discussion of best praction	ce management and treatment.	
3. Outcome statements:			
<b>Domain 1:</b> The prevocational doctor as practitioner	<b>Domain 2:</b> The prevocational doctor as professional and leader	<b>Domain 3:</b> The prevocational doctor as a health advocate	<b>Domain 4:</b> The prevocational doctor as a scientist and scholar
<ul> <li>✓ 1.1 Place the needs and safety at the centre of the care process, working within statutory and regulatory requirements and guidelines. Demonstrate skills including effective handover, graded assertiveness, delegation and escalation, infection control, and adverse event reporting.</li></ul>	<ul> <li>Ø 2.1 Demonstrate ethical behaviours and professional values including integrity, compassion, self-awareness, empathy, patient confidentiality and respect for all.</li> <li>☐ 2.2 Identify factors and optimise personal wellbeing and professional practice, including responding to fatigue, and recognising and respecting one's own limitations to mitigate risks associated with professional practice.</li> <li>Ø 2.3 Demonstrate lifelong learning behaviours and participate in, and contribute to, teaching, supervision and feedback.</li> <li>☐ 2.4 Take increasing responsibility for patient care, while recognising the limits of their expertise and involving other professionals as needed to contribute to patient care.</li> <li>Ø 2.5 Respect the roles and expertise of healthcare professionals, and learn and work collaboratively as a member of an inter-personal team.</li> <li>Ø 2.6 Contribute to safe and supportive work environments, including being aware of professional standards and institutional policies and processes regarding bullying, harassment and discrimination for themselves and others.</li> <li>☐ 2.7 Critically evaluate cultural safety and clinical competencies to improve culturally safe practice and create culturally safe environments for Aboriginal and Torres Strait Islander communities. Incorporate into the learning plan strategies to address any identified gaps in knowledge, skills, or behaviours that impact Aboriginal and Torres Strait Islander patient care.</li> <li>Ø 2.8 Effectively manage time and workload demands, be punctual, and show ability to prioritise workload to</li> </ul>	□ 3.1 Incorporate disease prevention, relevant health promotion and health surveillance into interactions with individual patients, including screening for common diseases, chronic conditions, and discussions of healthcare behaviours with patients ☑ 3.2 Apply whole-of-person care principles to clinical practice, including consideration of a patients physical, emotional, social, economic, cultural and spiritual needs and their geographical location, acknowledging that these factors can influence a patient's description of symptoms, presentation of illness, healthcare behaviours and access to health services or resources.  □ 3.3 Demonstrate culturally safe practice with ongoing critical reflection of the impact of health practitioner's knowledge, skills, attitudes, practising behaviours and power differentials in delivering safe, accessible and responsive healthcare free of racism and discrimination.  □ 3.4 Demonstrate knowledge of the systemic and clinician biases in the health system that impact on the service delivery for Aboriginal and Torres Strait Islander peoples. This includes understanding current evidence around systemic racism as a determinant of health and how racism maintains health inequity.  □ 3.5 Demonstrate knowledge of the ongoing impact of colonisation, intergenerational trauma and racism on the health and wellbeing of Aboriginal and Torres Strait Islander peoples.  ☑ 3.6 Partner with the patient in their healthcare journey, recognising the importance of interaction with and connection to the broader healthcare	A 1. Consolidate, expand and apply knowledge of the aetiology, pathology, clinical features, natural history and prognosis of common and important presentations in a variety of stages of life and settings.  ☐ 4.2 Access, critically appraise and apply evidence form the medical and scientific literature to clinical and professional practice.  ☐ 4.3 Participate in quality assurance and quality improvement activities such as peer review of performance, clinical audit, risk management, incident reporting and reflective practice.  ☐ 4.4 Demonstrate a knowledge of evidence-informed medicine and models of care that support and advance Aboriginal and Torres Strait Islander health.

management to deteriorating and critically	manage patient outcomes and health	system. Where relevant, this should
unwell patients.	service functions.	include culturally appropriate
$\square$ 1.10 Appropriately use and adapt to		communication with caregivers and
dynamic systems and technology to		extended family members while also
facilitate practice, including for		including and working collaboratively
documentation, communication,		with other health professionals
information management and supporting		(including Aboriginal Health Workers,
decision-making		practitioners and Liaison Officers).

4. Supervision details:							
Supervision Role	Na	me	Position		Contact		
DCT/SIT	Dr Carol Chong		Supervisor of Intern Trainin	ng	Carol.Chong@nh.org.au		
Term Supervisor	Dr Saliya Hewagama		Head of Unit		Saliya.Hewagama2@nh.org.au		
Clinical Supervisor (primary)	Dr Saliya Hewago	Pwagama Head of Unit			Saliya.Hewagama2@nh.org.au		
Cinical Supervisor (day to day)	Unit Registrar		General Medicine Unit Reg	gistrar	Via Medtasker or Switchboard		
EPA Assessors Health Professional that may assess EPAs	All Consu     All Regist     Click or		name and role				
Team Structure - Key S	Staff						
Name			Role	Contact			
Dr Yana Sunderland		Divisional Direct	cor	Yana.Sunderland@nh.org.au			
Dr Saliya Hewagama Head		Head of Unit	Head of Unit		Hewagama2@nh.org.au		
Unit Consultants General Med		General Medicir	ne Physicians		Via Switchboard		
SMR		Senior Medical Registrar		Via Medtasker or Switchboard			
Unit NUM		Unit NUM		Via Switchboard			

5. Attachments:					
R-over document	See below				
Unit orientation guide	See below				
Timetable (sample in appendix)	See below				

6. Accreditation details (PMCV use only)	
Accreditation body:	Click or tap here to enter text.

Accreditation status:	Click or tap here to enter text.					
Accreditation ID:	Click or tap here to enter text.					
Number of accredited posts:	PGY1: number	PGY2: number				
Accredited dates:	Approved date: date.	Review date: date.				

7. Approval								
Reviewed by:	Click or tap here to enter text.	Date:Click or tap to enter a date.						
Delegated authority:	Click or tap here to enter text.	Date:Click or tap to enter a date.						
Approved by:	Click or tap here to enter text.	Date:Click or tap to enter a date.						

Appendix											
Timetable	example										
	Monday	Monday  Tuesday  Inter Time  OO  O8:00  Handover  O8:30 ward  Ind  OO -12:30  Idiology  Inter Time  OO  IDIO  IDIO		esday Wednesday Thursday Friday							
Enter Time Enter Time Enter Time			Enter Time	Enter Time	Enter Time	Enter Time	Enter Time				
Morning	08:00 Handover		0:800 Handover	08:00 Medical Grand round	08:00 Handover	08:00 Handover	08:00 Handover				
	08:30 ward round		08:30 Med intern teaching	09:00 Ward round	08:30 ward round	08:30 ward round	08:30 ward round				
	12:00 -12:30 Radiology meeting		09:00 ward round								
	Enter Time	Enter Time	Enter Time	Enter Time	Enter Time	Enter Time	Enter Time				
Afternoon	13:00 Ward work 15:00 MDT	Intern	13:00 Ward work 15:00 MDT	13:00 Ward work 15:00 MDT	13:00 Ward work 15:00 MDT	Click or tap here to enter text.	Click or tap here to enter text.				
		Ward work									
	Enter Time	Enter Time	Enter Time	Enter Time	Enter Time	Enter Time	Enter Time				
	Click or tap	Click or tap	Click or tap	Click or tap	Click or tap	Click or tap	Click or tap				
	here to enter		here to enter	here to enter	here to enter	here to enter	here to				
Evening	text.	text.	text.	text.	text.	text.	enter text.				
Hours	Total	Total	Total	Total	Total	Total	Total				

REG Medical Unit 1	Mon	Tues	Wed	Thur	Fri	Sat	Sun	Mon	Tues	Wed	Thur	Fri	Sat	Sun
Reg 1	Traini	Traini	08:00	07:30	08:00			Traini	Traini	08:00	07:30	08:00		
	ng Time	ng Time	20:30	12:30	17:00			ng Time	ng Time	17:00	12:30	13:00		
	08:00	08:00						08:00	08:00			Traini		
	17:00	17:00						17:00	20:30			ng Time		
Reg 2			Traini	07:30	08:00	08:00	08:00	08:00	Traini	0800- 1330				
			ng Time	20:30	20:30	20:30	20:30	20:30	ng Time	,555				
									08:00	Traini				
									17:30	ng Time				
Reg 3	08:00	Traini	0800- 1330							Traini	07:30	08:00	08:00	08:00
	20:30	ng Time	1330							ng Time	20:30	20:30	20:30	20:30
		08:00	Traini											
		20:30	ng Time											
INTERN Medical Unit														
Intern 1	08:00	08:00	08:00	07:30	08:00			08:00	08:00	08:00	07:30	08:00		
	17:00	20:30	17:00	17:00	13:00			17:00	20:30	17:00	17:00	13:00		
Intern 2				07:30	08:00	08:00	08:00	08:00	08:00	08:00				
				20:30	20:30	20:30	17:00	20:30	17:00	20:30				
Intern 3	08:00	08:00	08:00								07:30	08:00	08:00	08:00
	20:30	17:00	20:30								20:30	20:30	20:30	17:00

### **Term Description – Handbook – ROVER**

9. Hospital Orientation		
Hospital orientation occurs at the beginning of each term. Attendance is mandatory and paid non-clinical time.		
This is separate to the unit orientation. Follow the <u>link</u> for details, password: NorthernDoctors		
Location	NCHER, Northern Hospital – Epping	185 Cooper Street, Epping 3076
Facilitator	Medical Education Unit	Email: MedicalEducationUnit@nh.org.au
Date	First day of each term	
Start	08:00	

10. Unit Orientatio	n
Unit Orientation occurs at the beginning of each term. Attendance is mandatory and paid time.  Orientation that occurs outside of your rostered hours should be submitted as overtime on the overtime reporting portal	
Location	Ward 20 – Home ward
Facilitator	Ward consultant Registrar and NUM and HOU
Date	1st or 2 <sup>nd</sup> day of rotation (Mon- B interns Tues- A interns) HOU will meet interns in first week of term
Start	8:30 am after medical handover

11. Unit Overview	
Department	Medicine
Location	Ward 20 – Home ward office on ward
Inpatient Beds	10 – 15
Outpatients Clinics	Tues Afternoon Clinic (Dr Aboltins clinic)
Day Procedures	Nil
Virtual Unit	Nil

#### 12. Safety

Unit Specific Safety & Risks

Safe Prescribing

- Ensure all new patients' usual medications are charted and refer to 'Pharmacy Admission Note' to check all medications are correctly charted
- seek help from registrar or pharmacist if uncertain.
- Look up all medications you are not familiar with
- Special consideration for the APINCH Medications; Antimicrobials, Potassium, Insulin, Narcotics (opioids) and sedative medications, heparin and other anticoagulants (chemotherapy *not routinely prescribed in medicine*)
- Ensure you use antibiotic guidance system for all restricted antibiotics

Falls – review prevention plans and medication charts for high risk medications

Pressure injuries – review pressure areas regularly

Infection prevention – ensure you follow all guidelines regarding isolation and wear appropriate PPE

13. Communication	on and the state of the state o
Medtasker	Intern role, medical registrar role  Med tasks will come up through the day, please acknowledge the task as soon as you can and send message back to nurses with ETA's if you are busy and cant get the task done quickly
WhatsApp	No clinical group - medical registrars have group for contact with Senior medical registrar regarding operations and education activity
Pager	Carried by medical registrar – for MET call alerts this must be carried at all times
MS Teams	NH General Medicine Team – daily handover list weekend roster etc on this team

14. Handover Process	
Morning	TNH – General Medicine Handover – via MS TEAMS and in lecture theatre 8:00 all days except 7:30 Thursdays (Ward Medical Teams can tune in from their office)
Afternoon	To co intern and registrar in home ward office if finishing at 1700
Night	Ward 5/6 meeting room 20:00

15. Shift Structur	re	
	Intern	Registrar
Day	8:00 start (Thurs 7:30)	8:00 start Tues and Thurs 7:30
Afternoon	No PM shift	Training time cover shift cover as per roster – Wed /Fri
Night	No night shift	No night shift
Weekend	8:00 start as per roster	8:00 start as per roster 'B 'registrars

16. Shift Roles & Responsibilities		
	Intern	Registrar
	8:00 Logon to Medtasker	8:00 Login to Medtasker
	8:00 Handover form co intern re	Med handover – MS Teams or Lec. Theatre
	evening shift issue and night ward cover	Handover of all new patients and sick patients from
	calls if issues overnight. Update patient	overnight
	list and bed- cards. Tick of discharges	8:30 - See sick and early discharges
	and prep scripts for new patients	9:00 see new patients with consultant of the day
	8:30 - See sick and early discharges with	Then round with intern +/- consultant
Day	registrar	A consultant round - Tues Thurs and Mon or Fri
Day	9:00 see new patients with consultant	B consultant round - Mon Wed Fri
	of the day	After ward round - Paper round with reg to prioritise
	Then round with consultant / registrar	and split jobs
	A consultant round - Tues Thurs and	
	Mon or Fri	
	B consultant round - Mon Wed Fri	
	After ward round - Paper round with	
	reg to prioritise and split jobs	
	Ward work	Ward work
Afternoon	Referrals, radiology, discharge	Complex referrals, update families, detailed review of
	paperwork, chase results	complex patients, chase results

### **Term Description – Handbook – ROVER**

	15:00 Daily Ward MDT – discharge	1500 Daily Ward MDT – discharge planning meeting
	planning meeting	OCP – Tuesdays afternoon one registrar attends
	Teaching as per roster	Training time and afternoon off as per roster
Night	Nil	Nil
	8:00 Logon to Medtasker	8:00 Login to Medtasker
	8:00 Handover form co intern re	Med handover – MS Teams or Lec. Theatre
	evening shift issue and night ward cover	Handover of all new patients and sick patients from
	calls if issues overnight. Update patient	overnight
	list and bed- cards. Tick of discharges	8:30 - See sick and early discharges
Weekend	and prep scripts for new patients	See new patients with weekend consultant
vveekend	8:30 - See sick and early discharges with	Ward round with interns
	registrar	Ward work
	See new patients with weekend	
	consultant	
	Ward round with registrar	
	Ward work	

#### **17. Common Conditions**

You will see a great range of medical conditions in the general medical patients. Many patients have multiple medical conditions. You will see lots of common conditions as well as some rarer ones in your term. Some common conditions you might see are:

- Exacerbation of CCF & its causes Exacerbation of COPD Other cardiac conditions AF NSTEMI
- Diabetes and its complications
   Acute and chronic renal impairment
   Delirium
- Respiratory infections including influenza and COVID 19 Fever in returned traveller
- Sepsis Urinary, Cellulitis, Pneumonia, Prostatitis, Endocarditis, Epidural abscess, other
- Falls and functional decline
- Altered conscious state: Neurological: infection, stroke, post-ictal, Drugs, Metabolic, Accident/injury, Psychiatric, delirium
- Acute gout and other rheumatological conditions

In General Medicine you will also see patients who have complex social and family situations, mental health or substance abuse issues as well as patients who are frail and have functional decline. Identifying understanding and considering these things when planning medical care in the short and long term is essential and is as important as learning about common medical conditions. General medicine is a specialty that embraces complexity.

#### 18. Common Procedures

### **Term Description - Handbook - ROVER**

- Venepuncture/ IVC
   IDC
   ABG
   Lumbar puncture done by Regs but can assist
- PICC lines done by Radiology (always dual lumen!) Ascitic tap done by registrar but can assist

#### 19. Clinical Guidelines

The My Favourite Links page on the intranet contains the links to a number of useful clinical guidelines <a href="https://intranet.nh.org.au/applications/">https://intranet.nh.org.au/applications/</a>

**ETG-** Electronic Therapeutic Guidelines

AMH- Australian Medicines Handbook MIMS

Up to Date

"For Clinicians" Header on the intranet Home page – has a range of commonly used resources used by doctors PROMPT- This site contains the hospital policy and procedure manuals. It can only be accessed from the intranet - <a href="https://intranet.nh.org.au/departments-and-services/prompt-policy-procedures-guidelines/prompt-policies-procedures-and-forms/">https://intranet.nh.org.au/departments-and-services/prompt-policy-procedures-guidelines/prompt-policies-procedures-and-forms/</a>

20. Routine Orders	
	There are no routine order sets in general medicine. Order sets will depend on the condition and the current patient assessment.
Pathology	Most patients do not need daily blood tests so consider why you need a test before you order them
	Check that bloods like TSH iron HBA1c has not been ordered recently prior to ordering them again
	CT should be discussed with your registrar / consultant
	MRI should all be discussed and approved by your consultant
Radiology	Once you have submitted a CT/ US or MRI request please check the EMR Radiology Order Management System to check that the scan has been approved. If it states 'for discussion' then radiology needs more information and you will need to go down and discuss that test with the radiographer/ radiologist
	For any Interventional Radiology process – you need a recent coags, consent form as well as radiology request, speak with Radiologist on duty to approve - THEN go to procedural booking nurses to book time in
	See - Safe prescribing section in Safety section of this handbook
Pharmacology	The ward pharmacist is there to help you please check with them if you are uncertain
	Look up all drugs that you are not familiar with and check doses if uncertain

Ask you registrar or consultant if not sure if you should continue or withhold medications
Warfarin dosing should be done in consultation with your registrar
Please refer to the anticoagulation stewardship pharmacist or haematology team for patients with complex anticoagulant regimens

21. IT Programs		
, and the second	The EMR is in use for documentation, medication ordering and radiology/pathology requests.	
	It is being used for all inpatients, as well as maternity clinics and pre-anaesthetic clinics.	
	Located in the intranet > My Favourite Links > EMR Live Environment	
	EMR Training courses are located on the LMS- <a href="https://mylearning.nh.org.au/login/start.php">https://mylearning.nh.org.au/login/start.php</a>	
	Training is compulsory; you will need to complete the elearning within the first week of	
53.45	commencing.	
EMR	Please contact medical workforce, or check the EMR website for more information on how to	
	complete EMR training <a href="https://emr.nh.org.au/">https://emr.nh.org.au/</a>	
	When starting a new rotation, please reach out to Term Supervisor to ensure you are oriented to	
	the EMR specific workflows for that unit as well.	
	EMR is NOT a primary communication system. Please use Medtasker and phones for referrals and	
	communication.	
	The source of information for all outpatients' clinics, investigations, GP referrals and scanned	
CPF	admission notes prior to September 2023.	
	Located in the intranet > My Favourite Links > CPF <a href="https://cpf.nh.org.au/udr/">https://cpf.nh.org.au/udr/</a>	
	XERO Viewer Pacs- <a href="https://nivimages.ssg.org.au/">https://nivimages.ssg.org.au/</a> or located in My Favourite Links, look for the CXR	
PACS	icon	
	This is where you can find radiology images	
My Health Record	Centralised health record <a href="https://shrdhipsviewer.prod.services/nhcn">https://shrdhipsviewer.prod.services/nhcn</a>	
Safe Script	Monitoring system for restricted prescription medications <a href="https://www.safescript.vic.gov.au/">https://www.safescript.vic.gov.au/</a>	
	iGuidance in My Favourite links (Pharmacy will only supply one day unless this is done)	
Antibiotic Guidance	Some antibiotics you can get guidance by selecting the condition. Otherwise you will have to refer	
	to ID, explain rationale behind ABx choice/ ask for their opinion and they do the guidance.	
	Interpreter via phone: 84058188	
	Endoscopy results: on the CPF patient screen – endobase. Username: endobhs. Password: endobhs	
	Endoscopy results. On the CFT patient screen — endobase. Osemaine, endobris. Password, endobris	
	Echo and angio results: Phillips Xcelera. Username and login same as CPF	

22. Documentation	
Admission	Mostly done by AMT team – use EMR admission form
Ward Rounds	EMR ward round note or progress note. Can use ward round template with progress note to save
	time – can be saved as Auto text

Discharge Summary	EMR discharge summary workflow – please use this format as this will generate upload to Myhealth record and fax to GP when completed		
Outpatient Clinics	General Medical Outpatients referrals <i>via referral on CPF</i> (no EMR option for referrals)  Outpatient notes are all documented on CPF under the outpatient tabs		
CDI Queries	Will be sent via Medtasker		
Death Certificates	Discus with your registrar / consultant re if coroners' case and if not then cause of death before completing, Link is direct via Births Deaths and Marriages. Link – Death Certificates on the Favourite links page <a href="https://www.bdm.vic.gov.au/medical-practitioners">https://www.bdm.vic.gov.au/medical-practitioners</a>		
Coroners	Discuss every death with your reg/ consultant to check if it should be coroners. If uncertain then call to speak to a delegate from the coroner's office and document your conversation in EMR notes. Coroner deposition is done via - E Medical Deposition Form <a href="https://coronerscourt.vic.gov.au/report-death-or-fire/how-report-death">https://coronerscourt.vic.gov.au/report-death-or-fire/how-report-death</a>		

23. Referrals	
Internal	Inpatient consults Via Medtasker, some teams will use phone – AGSU some surgical specialties. Please make referrals as early as possible in the day and know what question your unit is asking of them ( if uncertain speak to your unit registrar)
	Outpatient referrals – CPF – Summary tab – bottom right of the page is 'Submit internal referral' link
External	Ad hoc no frequently used pathways

24. Clinical Deterioration		
Escalation Process	Interns will be paired with a registrar at all times (may be A or B) so can always call for help. Intern or Reg should call then consultant if further escalation is required. Your ward consultant will take calls in hours and after hours. However, if afterhours they are not available call the on-call AMT consultant for time critical or urgent queries (daily roster and number via switch board)  Call MET call or code if patient meets these criteria and needs urgent review	
PreMet	Intern will answer these but seek advice from unit registrar	
Code	Attended by home team registrar and wider hospital code teams	

25. Night Shift Support		
Unit	Tower 1 HMO - Night Ward cover is allocated to cover your team – please handover any comple patients.  Night ward cover will flag issues from overnight with team  Sick unstable patients from overnight will be flagged at the morning general medical handover	
Periop	Attends MET Calls and codes however will leave home team registrar to manage general medical MET calls in hours. Contact 0418 428 781 or via Medtasker	
Take 2 @ 2	Tower 1 HMO - Night ward cover attends this meeting	

### **Term Description – Handbook – ROVER**

26. Assessments: PGY1 & PGY2		
All forms are located on the Northern Doctors website under the Assessments tab		
Beginning of Term	Meet with Term Supervisor to set learning goals for the term using the Term Description Learning Objectives as a basis for the discussion	
Mid-Term & End of Term	To be completed at the mid and end of term meetings	
EPAs	Minimum of x2 EPA assessments to be completed per term	

#### 27. Mandatory Training

- Mandatory Training is located on the LMS- <a href="https://mylearning.nh.org.au/login/start.php">https://mylearning.nh.org.au/login/start.php</a>
- Mandatory training is compulsory and part of your contract with Northern Health and needs to be completed by the first month of your start date. If not completed you will come of the floor to complete.
- Hand Hygiene needs to be completed by the end of your first week.
- If you have completed the mandatory training elsewhere you may be able to apply for recognition of prior learning

#### 28. Unit Education

Radiology Meetings – 1200 -1230 Mondays- Radiology Dept

Unit Meeting monthly 1200 - 1230 Tuesdays via TEAMS

Protected Intern teaching 1230 - 1330 Tuesdays- Lecture Theatre and TEAMS

General Medical Intern teaching - Clinical Pearls Wed 830 - 900 TEAMS

Medical Grand Round 800-900 Thursdays – lecture theatre / TEAMS

BPT registrar Education - 1300- 1400 Friday Conf room 4 and TEAMS

BPT consortium clinical/ written exam education lecture series – 1600- 1700 Wed

BPT clinical exam prep programme – see consortium website for more details

#### 29. Unit Meetings

Unit Meeting monthly 1200 – 1230 Tuesdays via TEAMS

CUSP (Quality unit meeting) - TBA starting in Feb 2024 monthly

#### 30. Research and Quality Improvement

If you are interested in research please speak to your unit head to see how you can get involved.

CUSP – Clinical Unit Safely Program – is a monthly quality meeting attended by medical nursing and allied health staff that looks at how your team and ward are doing in terms of quality and outcomes. There is also opportunity to suggest local quality improvement activities that you can get involved in in this meeting

#### 31. Career Support

### **Term Description – Handbook – ROVER**

Head of Unit Dr Saliya Hewagama or ward consultant

Director of intern training – Dr Carol Chong

Basic Physician training - Directors of Physician Training - Edwina Holbeach, Yana Sunderland, Mueed Main, Vinita Rane

Basic Physician training - Consortium Manager - Laura Ivins

#### 32. Medical Students on the Unit

Medical students rotate through the unit please make them welcome

33. Rostering				
Shift Swap	The doctor initiating the roster swap is responsible for arranging with an appropriate colleague.  Once you have arranged a colleague to perform the swap, please email your MWU coordinator and cc in the colleague.  All swaps should be kept to within the pay period fortnight where possible. In exceptional circumstances where this cannot be achieved, please discuss with the MWU coordinator prior.  All shift swaps should be like hours for like hours.  Proposed shift swaps must be emailed to your MWU coordinator for approval.			
	Personal Leave documentation required:  For 3 single absences per year, the doctor will not be required to provide any supporting evidence to substantiate their personal leave.  For other days absent due to personal illness or injury the doctor is required to provide evidence of illness.  To be eligible for payment, the doctor is required to notify the Health Service two hours before the start of their shift, or as soon as practicable.			
Unplanned Leave- Notification and	In hours Monday to Friday 0730 - 1630 After hours Monday to Friday Between 1630 – 2200	Step 1: Medical Workforce Reception 8405 8276  Step 1: Between 1630 – 2200 Medical Workforce On-call Phone	Step 2: Notify unit  Step 2: Notify unit (at a suitable time)	Please ensure you notify both MWU & your unit  Please ensure you notify both MWU or After Hours (depending on the time) &
documentation process	After hours Monday to Friday Between 2200-0730	0438 201 362  Between 2200-0730  Hospital / After Hours Coordinator (8405 8110 or via switch)	suitable tille)	your unit at a suitable time.
	In hours Weekends & Public Holidays 0700 - 2200	Step 1: Medical Workforce On-call Phone 0438 201 362	Step 2: Notify	Please ensure you notify both MWU & your unit
	After hours Weekends & Public Holidays 2200-0700	Step 1: Hospital / After Hours Coordinator (8405 8110 or via switch)	Step 2: Notify unit	Please ensure you notify both MWU & your unit
Overtime	All overtime should be submitted into the Overtime Portal This can be accessed via the intranet whilst onsite at Northern Health			

### **Term Description – Handbook – ROVER**

Please include the reason for your overtime- i.e. ward workload, delayed handover, include UR
where relevant.

#### 34. JMO Rover

- General Medical patients are allocated to your unit based on their admission location i.e. each medical unit is assigned a specific home ward and some outliers areas. Patients allocated to that ward is the responsibility of the medical unit of that ward.
- AMT are unable to notify of every afternoon transfer to the ward however will Medtask or call if the patient is unstable or has urgent things that need to be followed up
- Allocations are updated and reviewed each morning at the general medical handover unit workload is assessed
  and balanced as much as possible however in general teams should manage all Gen Med patients on their home
  wards.
- We try to reduce numbers of outliers however they can fluctuate, if you have a complex patient who is an outlier ask your ward NUM to move them to your home ward.
- One of your ward consultants will see any new patient (if not seen by AMT consultant) with your team 5 days per week on weekdays. On weekends the weekend consultant will review new patients with your team.
- 'A' consultants round Tues Thurs mornings and one other day Mon or Fri. 'B' consultants round Mon Wed Fri

#### **HOME WARDS AND DISCHAGE PLANNING**

Each medical team has a home ward with aim for the majority of patients to be on this ward. Please introduce yourself to the NUM and nurses in charge. They are here to work closely with you and assist you keep them updated re what's happening with your patients and check in with them when you arrive on or leave the ward.

In order to move patients up from Ed to the wards we do have a focus on getting some of our discharges out earlier in the day. This is better for patient who hate waiting on trolleys in Ed as well as our AMT team who need to move on to see new patients. The ward staff will ask you to prep some of your discharge as early morning or 8:30 discharges completing paperwork the day before. Alternately you might make these early discharges Criteria Led Discharges by completing a simple form with the criteria that they can be discharged on ( ie sats > 92% / afebrile etc) and the senior nurse can review and sign off. They will call you if there are any issues with not fulfilling criteria, abnormal observations or blood tests. There may be other things we try during your term to assist with early discharges

#### Waiting for what escalation

If patients are waiting for scans or other investigations / specialty referrals/ or hospital transfers and you think they have been waiting too long or need one thing done prior to discharge, consider escalating to the operations director of medicine (in hours) or hospital coordinator afterhours. Operations director – 0419 550 210

#### **CLINICAL FRAILTY SCORE**

All general medical patients > 65 yo should have a clinical frailly score documented in their admission / first ward round and it can be helpful to document this in the free text section of the GOPC form. The score should reflect the person's function 2 weeks prior to admission to best capture their usual or baseline function. It should not be done for patients under 65yo or with a fixed disability. The CFS correlates assists to identify a person as being frail and therefore at higher risk of deterioration of function or need for increased community supports. Of note a higher CFS has also been shown to

### **Term Description – Handbook – ROVER**

correlate with poorer outcomes from CPR resuscitation or ICU admission so can be considered when making decisions re GOPC.

#### TIPS FROM PREVIOUS INTERNS

- Rostered hours, realistic hours, cover shifts, weekend shifts
   (In 2024 there is increased intern cover after hours two interns 3 evenings per week and two interns on weekends 800-1600 so this should help manage workload)
- Learn the art of handover aim to get out on time as much as you can
- Help each other out to ensure ALL INTERNS get out as close to time as possible YOU ARE ALL ONE BIG TEAM,
   SUPPORT EACH OTHER.
- Try and do as many jobs as possible on the round radiology and pathology requests
- You may not be able to do all tasks each day prioritise what needs to done an its ok to leave some things to the next day
- 2. Tips for managing discharge summary workload
- Prep as much as you can as you go don't leave a discharge summary of a 1-month admission to the cover intern
- Write a problem list of things that have happened through the admission
- Ix: only include full report/result if it's a significant investigation
- Medications: it's important to document the changes, can check the Pharmacy Admission note and home medications and compare with D/C script
- GP and OP clinic plans: make them as clear as possible
- 3. Ordering of investigations, chasing results
- Make sure you put in bloods for relevant days on Saturday, Sunday and Monday before you leave on Friday
- 4. Ward daily MDT (allied health meeting) Good to go to with your reg at the start of the rotation to understand your pts plan as a whole, the things each allied health team are looking for and what they can help you with, discharge planning so you can prioritise which summaries you do etc. The team like to know estimated discharge dates these can be changed/revised/you are allowed to be wrong. Give short summary of progress and any AH referrals.
- 5. Other useful tips
- Try and attend as many MET calls as possible good learning opportunity, good skills under pressure and being comfortable managing unwell patients (will also get to witness some good family GOPC/end of life discussions)
- Learn how to certify death, do death certificates. Call the coroners court if there's any doubt about whether a death is reportable or not. They're very helpful and easy to talk to. Have your death certificate registration at the start of the rotation.
- Patients post-taked by AMT may appear on your bedcard in the afternoon/you can get medtasked about them.
   Some jobs can wait until rounds the next day, others can't, hopefully AMT will enact their plan before transferring.
   If they are complex call the AMT team to get verbal handover
- Can have very irregular registrars especially towards the end of the year which can be difficult. Talk with someone about it on your team like your ward consultant, SMR or Carol Chong, the Intern Supervisor.
- If you find a common theme in your patients during your rotation go ahead and make some notes- you may have some interesting information for future presentation at unit meeting grand round or publication of a case study or series
- Lots of MED 1 bosses are ID physicians so they can extend guidance on the round rather than having to contact ID reg.

### **Term Description – Handbook – ROVER**

#### **FOR REGISTRARS**

• Registrar training time – is noted in your roster and is a mix of educations meetings that occur during your clinical shifts or paid in addition to this time. For paid TT when rostered off you should attend any scheduled training sessions that relate to your BPT training pathway – ie clinical exam prep for BPT3 or Written exam prep for BPT2. This may be in person or virtually.

A registrars TT per fortnight

Journal club, Grand round, BPT Friday teaching weekly plus additional 5 hours paid TT – totals 10 hours *B registrars TT per fortnight* 

Journal club, Grand Round and BPT teaching on week on only plus paid TT 7.5 hours – totals 10

Please ensure you attend all the education activities – if you identify something that is stopping you from attending please speak to SMR / unit head/ divisional director

• TT is covered on Wed and Fri by TT cover registrar SMR will advise of which doctor has been allocated. On half day or when attending clinic co registrar should cover your team and support your intern

35. Document Status			
Updated by	Dr Yana Sunderland	December 2023	
Reviewed by	Dr Natina Monteleone	18/01/2024	
Next review date		April 2024	